

"Your safety is our business"



Course Title: Occupational First Aid

Description: The aim of this course is to teach the participant how to be able to deal with different types of accidents and injuries in the workplace should they occur, and be able to administer proper First Aid to the casualty.

Duration: 3 day course

Certification: FETAC Level 5.



This course complies with current guidelines on First Aid.

It is advisable to wear loose clothing such as a tracksuit & runners as the course consists of many practical sessions. Training may be carried out in your own workplace subject to certain requirements or alternatively some other suitable venue can be arranged.

Course Content;

- Assessment, Accident scene Management
- Circulation Wounds, Bleeding.
- Respiration, Asphyxiation and CPR (Cardio Pulmonary Resuscitation)
- Heart Attacks
- Unconsciousness and Head injuries.
- Fractures Dislocations and soft tissue injuries.
- Burns Scalds, Chemical poisons and Electric shock
- Medical Emergencies, Crush and Spinal Injuries.
- AED (De-Fib Training)
- Administration of aspirin
- General Safety Rules

For further information Cal us on Tel: 0402-33505 or email training@aslsafety.com

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